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locally flat coordinates

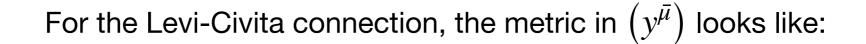
"Killing the connection at a single point"

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The metric in the new coordinates



 $g_{\bar{\mu}\bar{\nu},\bar{\alpha}}(p) = g_{\bar{\mu}\bar{\nu};\bar{\alpha}}(p) = 0$

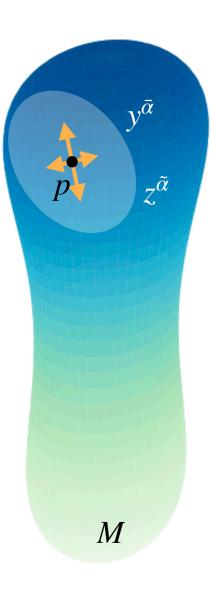


The metric in the new coordinates

For the Levi-Civita connection, the metric in $(y^{\bar{\mu}})$ looks like:

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Moreover, via a simple linear transformation $z^{\tilde{\mu}}(y^{\bar{\alpha}}) = A^{\tilde{\mu}}_{\ \bar{\alpha}} y^{\bar{\alpha}}$ we may obtain

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Just like a slice of Minkowski (flat) space in Cartesian coordinates!

 $(z^{ ilde{\mu}})$ is a great candidate for a local inertial frame at p

Properties of the covariant derivative (metric connection)

Derivative of a tensor product

$$\nabla_{\alpha} \left(T^{\mu\nu\cdots}_{\rho\sigma\dots} S^{\kappa\lambda\dots}_{\tau\nu\dots} \right) = \nabla_{\alpha} T^{\mu\nu\cdots}_{\rho\sigma\dots} S^{\kappa\lambda\dots}_{\tau\nu\dots} + T^{\mu\nu\dots}_{\rho\sigma\dots} \nabla_{\alpha} S^{\kappa\lambda\dots}_{\tau\nu\dots}$$
$$\nabla_{\alpha} \left(f T^{\mu\nu\dots}_{\rho\sigma\dots} \right) = f_{,\alpha} T^{\mu\nu\dots}_{\rho\sigma\dots} + f \nabla_{\alpha} T^{\mu\nu\dots}_{\rho\sigma\dots}$$

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Commutes with index raising/lowering

given X^{μ}

$$\nabla_{\alpha} X_{\mu} = \nabla_{\alpha} \left(X^{\nu} g_{\mu\nu} \right) = \left(\nabla_{\alpha} X^{\mu} \right) g_{\mu\nu}$$
potentially ambiguous,
but not really

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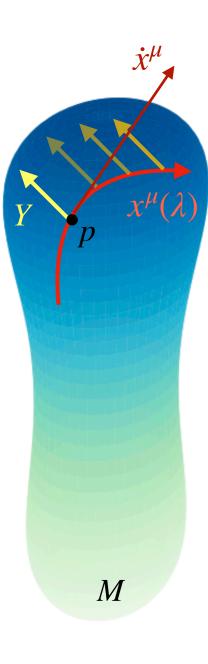
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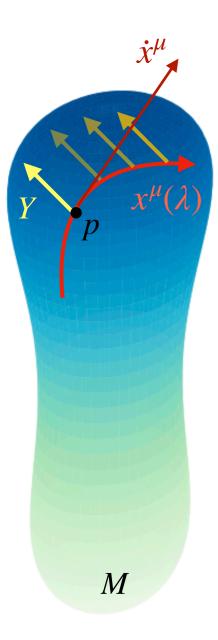
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and with contracting indices
given $T^{\ \nu\sigma}_{\mu}$ $\nabla_{\alpha} T^{\ \mu\sigma}_{\mu} = \nabla_{\alpha} \left(T^{\ \nu\sigma}_{\mu} \delta^{\mu}_{\ \nu} \right) = \left(\nabla_{\alpha} T^{\ \nu\sigma}_{\mu} \right) \delta^{\mu}_{\ \nu}$
66

Given a curve through
$$p \quad x^{\mu}(\lambda)$$
 $x^{\mu}(0) = p$
tangent vector $\dot{x}^{\mu} = \frac{dx^{\mu}}{d\lambda}$

and a vector/tensor Y^{μ} at p



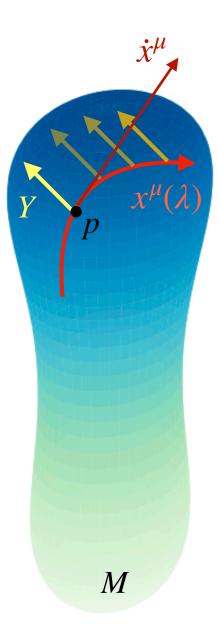


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We can define the parallel transported vector $\tilde{Y}^{\mu}(\lambda)$ at each point along the curve

$$\begin{split} \tilde{Y}^{\mu}(0) &= Y^{\mu} \\ \nabla_{\dot{x}} \tilde{Y}^{\mu} &= 0 \\ & & \\ &$$



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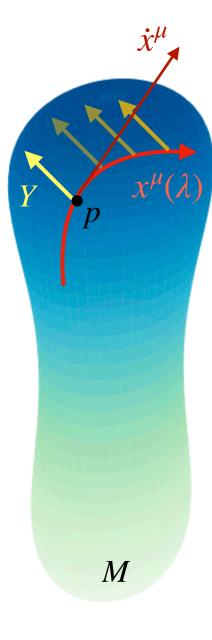
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 $\frac{dY^{\mu}}{d\lambda} + \Gamma^{\mu}{}_{\alpha\beta} Y^{\alpha} \dot{x}^{\beta} = 0$

Geometric interpretation: in locally flat coordinates

 $\frac{dY^{\bar{\mu}}}{d\lambda} = 0 \qquad \text{constant coordinates at linear order}$

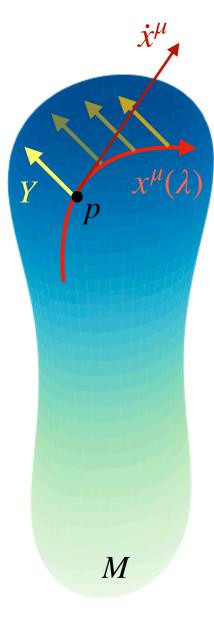
for general tensors



$$\frac{dT^{\mu\nu\dots}}{d\lambda} + \Gamma^{\mu}{}_{\sigma\rho} T^{\sigma\nu\dots}{}_{\alpha\beta\dots} \dot{x}^{\rho} + \Gamma^{\nu}{}_{\sigma\rho} T^{\mu\sigma\dots}{}_{\alpha\beta\dots} \dot{x}^{\rho} + \dots - \Gamma^{\sigma}{}_{\alpha\rho} T^{\mu\nu\dots}{}_{\sigma\beta\dots} \dot{x}^{\rho} - \Gamma^{\sigma}{}_{\beta\rho} T^{\mu\nu\dots}{}_{\alpha\sigma\dots} \dot{x}^{\rho} = 0$$

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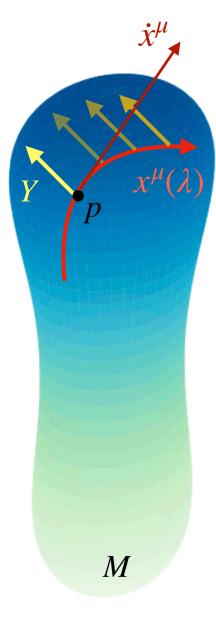
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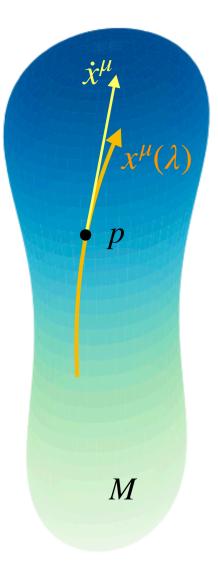
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$$\left(\tilde{X}^{\mu}\,\tilde{Y}_{\mu}\right)\Big|_{\lambda} = X^{\mu}\,Y_{\mu}$$

contracting/raising/lowering indices commutes with parallel transport

$$\tilde{X}_{\mu}(\lambda) = \tilde{X}^{\nu}(\lambda) g_{\mu\nu}(x^{\sigma}(\lambda)) \qquad \qquad \tilde{T}^{\mu}_{\ \mu\nu}(\lambda) = \tilde{T}^{\alpha}_{\ \beta\nu}(\lambda) \delta^{\beta}_{\ \alpha}$$

Special 2n-parameter family curves defined by the geometry

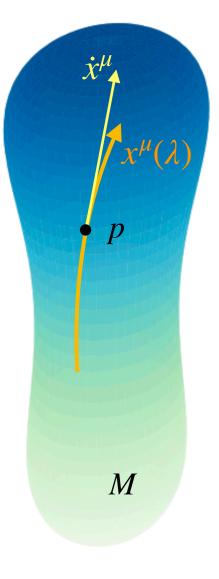


Curve defined uniquely by a point + tangent vector

Idea: straight line in locally flat coordinates of any point we pass:

$$\frac{d^2 x^{\bar{\mu}}}{d\lambda^2} = 0$$

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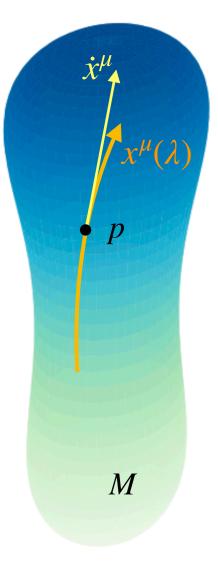
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We can also read that as $\nabla_{\dot{x}}\dot{x}^{\mu}=0$

i.e. the tangent vector is parallel-transported all the time

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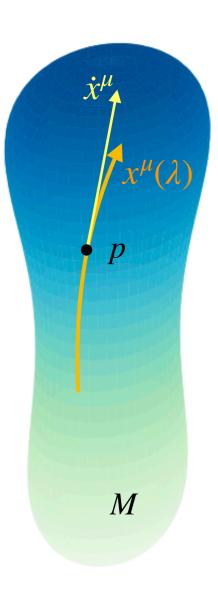
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Initial data: x^{μ}

$$x_p^{\mu}(0) = x_p^{\mu}$$

$$\frac{dx^{\mu}}{d\lambda}(0) = X_p^{\mu}$$

Properties analogous to straight lines in Minkowski or Euclidean geometry

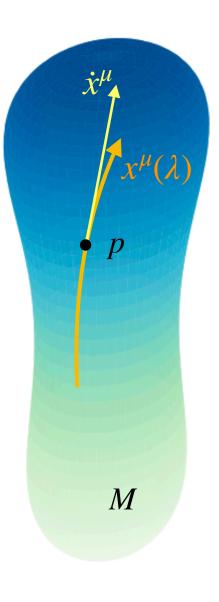


Conservation of length of the tangent vector

$$\frac{d}{d\lambda}\left(\dot{x}^{\mu}\,\dot{x}^{\nu}\,g_{\mu\nu}\right)=0$$

timelikenullspacelike
$$\dot{x}^{\mu} \dot{x}^{\mu} g_{\mu\nu} < 0$$
 $\dot{x}^{\mu} \dot{x}^{\mu} g_{\mu\nu} = 0$ $\dot{x}^{\mu} \dot{x}^{\mu} g_{\mu\nu} > 0$

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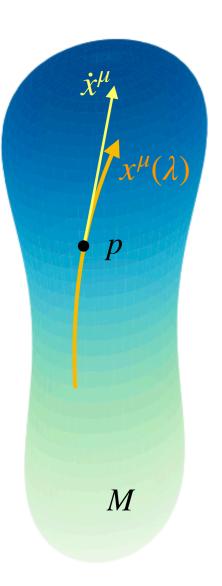
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Reparametrizations by affine transformations

$$\lambda \to \lambda' = A \ \lambda + B$$
 $A, B = \text{const}$ $\dot{x}^{\mu} \to \frac{1}{A} \ \dot{x}^{\mu}$
If two geodesics share a point p and $\dot{x}_{1}^{\mu}\Big|_{p} = A \ \dot{x}_{2}^{\mu}(\lambda)\Big|_{p}$
then they share the same path, i.e. $x_{1}^{\mu}(\lambda) = x_{2}^{\mu} (A \ \lambda + B)$

Properties analogous to straight lines in Minkowski or Euclidean geometry



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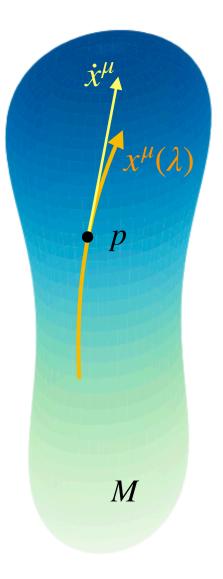
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For non-null geodesics we have a preferred parametrization $\dot{x}^{\mu} \dot{x}^{\nu} g_{\mu\nu} = \pm 1$

Variational principle

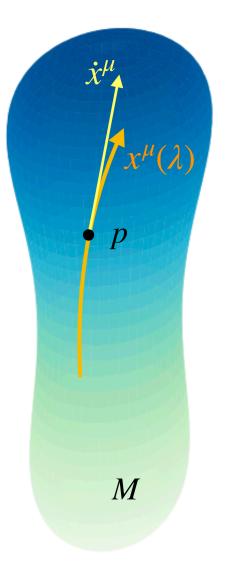


Just like in standard classical mechanics, the geodesic equation can be derived from a Lagrangian

$$S = \int_{\lambda_0}^{\lambda_1} L(\dot{x}^{\mu}, x^{\mu}) \, d\lambda$$

$$L(\dot{x}^{\mu}, x^{\mu}) = \frac{1}{2} g_{\mu\nu}(x^{\alpha}) \, \dot{x}^{\mu} \, \dot{x}^{\nu}$$

Variational principle



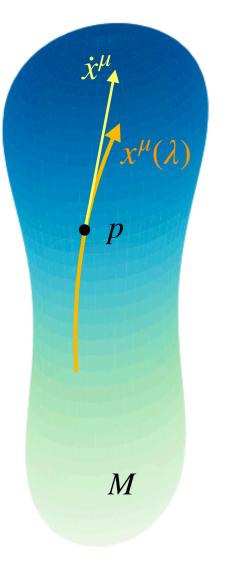
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Fix the initial and final points, vary the curve

 $x^{\mu}(\lambda_{0}) = a^{\mu} \qquad x^{\mu}(\lambda_{0}) = b^{\mu}$ $\delta S = 0$ $\Rightarrow \frac{d^{2}x^{\mu}}{d\lambda^{2}} + \Gamma^{\mu}{}_{\alpha\beta} \frac{dx^{\alpha}}{d\lambda} \frac{dx^{\beta}}{d\lambda} = 0$

Physical interpretation in GR



Timelike geodesics

worldlines of free-falling massive particles

 $\dot{x}^{\mu}\,\dot{x}_{\mu}=-1$

parametrized by proper time au

$$u^{\mu} = \dot{x}^{\mu} = \frac{dx^{\mu}}{d\tau} \qquad p^{\mu} = m_0 u^{\mu}$$

Physical interpretation in GR

Timelike geodesics

 \dot{x}^{μ}

p

M

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Null geodesics

worldlines of massless particles (photons etc.), light rays

 $\dot{x}^{\mu}\,\dot{x}_{\mu}=0$

End of lecture 5

