Tidal forces

effect of non-uniform gravitational field

appear in the free-falling frame



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Newtonian approach

$$\ddot{x}_0^i = -\phi_{,i}$$

$$\ddot{x}_0^i + \delta \ddot{x}^i = -\phi_{,i}\left(x_0\right) - \phi_{,ij}\left(x_0\right) \,\delta x^j + O(\delta x^2) \qquad \Longrightarrow \delta \ddot{x}^i = -\phi_{,ij}\left(x_0\right) \,\delta x^j + O(\delta x^2)$$

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Tidal tensor

Responsible for tidal deformations, tides etc.

GR description

consider a timelike geodesic + slight perturbation

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one-parameter family of geodesics

 $x^{\mu}(\lambda,\epsilon)$



fiducial geodesic

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fiducial geodesic $x^{\mu}(\lambda,0) \equiv \gamma_0$ tangent vector $t^{\mu} = \frac{\partial x^{\mu}}{\partial \lambda}$

$$x^{\mu}(\lambda,\epsilon) = x^{\mu}(\lambda,0) + \frac{\partial x^{\mu}}{\partial \epsilon} \bigg|_{\epsilon=0} \epsilon + O\left(\epsilon^{2}\right)$$

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 $x^{\mu}(\lambda,\epsilon) = x^{\mu}(\lambda,0) + \frac{\partial x^{\mu}}{\partial \epsilon}\Big|_{\epsilon=0} \epsilon + O(\epsilon^2)$
separation vector
 $\xi^{\mu}(\lambda)$

GR description



geodesic deviation equation $\nabla_t \nabla_t \xi^{\mu} - R^{\mu}_{\ \nu\alpha\beta} t^{\nu} t^{\alpha} \xi^{\beta} = 0$

Physical interpretation of the Riemann: governs the tidal forces

Missing piece of general relativity



1. Spacetime is a manifold (dim = 4) with a Lorentzian metric

Missing piece of general relativity



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Idea: Spacetime geometry influences matter, matter should then influence the geometry

Newtonian theory: we have the Poisson equation

 $\Delta\phi=4\pi G\rho$

We need its GR counterpart

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$$\partial^2 \phi$$



$$R^{\mu}{}_{\nu\alpha\beta} = \partial\Gamma - \partial\Gamma + \Gamma\Gamma - \Gamma\Gamma$$

$$\bigwedge$$

$$\partial^2 g$$

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 $\rho = T^{00}$

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We need field equations for the metric $g_{\mu\nu}(x^{\alpha})$ as a field

Metric coupled to matter via the curvature $R^{\mu}_{\ \nu\alpha\beta}$ and stress-energy tensor $T^{\mu\nu}$

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Strong restriction on admissible geometries

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Local energy and momentum conservation built into the theory of gravitation! Compare the Maxwell's equation and local charge conservation:

$$\partial_{\mu}F^{\mu\nu} = 4\pi J^{\nu} \qquad F^{\mu\nu} = -F^{\nu\mu}$$

$$\partial_{\nu}J^{\nu} = 8\pi \,\partial_{\nu}\partial_{\mu}F^{\mu\nu} = 0$$

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...but no additional constraints on the geometry (except the field equations)!

Consistency with Newtonian theory for small masses and slow motions demands

 $\kappa = 8\pi G$

Einstein equations:

$$R^{\mu\nu} - \frac{1}{2} R g^{\mu\nu} = 8\pi G T^{\mu\nu}$$

Remarks:

• if
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 $J \cdot m^{-3}$

On the other hand:

geometric system of units

assuming that coordinates $[x^{\mu}] = m$

$$M_{New} = \frac{GM_{Old}}{c^2} \qquad [m]$$

$$t_{New} = c t_{Old} \qquad [m] \qquad \Rightarrow R^{\mu\nu} - \frac{1}{2}R g^{\mu\nu} = 8\pi T^{\mu\nu}$$

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alternative form of Einstein equations

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 non-linear system of coupled PDE's. Quasi-linear hyperbolic system, initial value problem well-posed (Y. Choquet-Bruhat 1952) given appropriate initial data

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Poisson equation

$$\Delta \phi = 4\pi G \rho$$

Cartesian coordinates

$$\phi_{,xx} + \phi_{,yy} + \phi_{,zz} = 4\pi G \rho$$

Cylindrical coordinates

$$\phi_{,rr} + \frac{1}{r}, \phi_{,r} + \frac{1}{r^2}\phi_{,\varphi\varphi} + \phi_{,zz} = 4\pi G\rho$$

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Einstein equations

$$\Gamma^{\mu}_{\ \alpha\beta} = \frac{1}{2} g^{\mu\nu} \left(g_{\nu\alpha,\beta} + g_{\nu\beta,\alpha} - g_{\alpha\beta,\nu} \right)$$

$$R^{\mu}_{\ \nu\alpha\beta} = \partial_{\alpha}\Gamma^{\mu}_{\ \nu\beta} - \partial_{\beta}\Gamma^{\mu}_{\ \nu\alpha} + \Gamma^{\mu}_{\ \sigma\alpha}\Gamma^{\sigma}_{\ \nu\beta} - \Gamma^{\mu}_{\ \sigma\beta}\Gamma^{\sigma}_{\ \nu\alpha}$$

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Cosmological constant

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- Additional term in Einstein equation involving a constant Λ

Einstein equations with cosmological constant

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- First proposed by Einstein in 1917 to allow for a static Universe, later dropped when expansion of the Universe discovered in 1920-1930's
- Later: discovery of accelerated expansion of the Universe (A. Riess et al. 1998, S. Perlmutter et al. 1999) $\Longrightarrow \Lambda$ needed again

distant supernovae appear dimmer than expected from a cosmological model without cosmological constant



Nobel Prize 2011: S. Perlmutter, B. P. Schmidt, A. Riess

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• $\Lambda = 1.1056 \cdot 10^{-52} \,\mathrm{m}^{-2}$

very small, becomes relevant only on cosmological scales it can be safely neglected in all contexts except the cosmological context

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- Gravity acts effectively as a repulsive force on extremely large distances!
- Can be considered a special type of fluid with negative pressure $p = -\rho$

$$R^{\mu\nu} - \frac{1}{2}R g^{\mu\nu} = 8\pi G \left(T^{\mu\nu} - \frac{\Lambda}{8\pi G} g^{\mu\nu}\right)$$

energy density $5.3 \cdot 10^{-10} \,\mathrm{J \, m^{-3}}$
mass density $5.9 \cdot 10^{-27} \,\mathrm{kg \, m^{-3}}$

Variational principle for the Einstein equations

$$S_{\phi} = \int \mathscr{L}(\phi, \phi_{i}) \, d^4x$$

$$\delta S_{\phi} = 0 \,(+\text{boundary terms}) \implies \text{ field equations for } \phi$$

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 - easy to introduce modifications (alternative gravitation theories)
 - useful for quantizing gravity

Variational principle for the Einstein equations

$$S_g = \int \hat{\mathscr{L}}_g(\dots) \sqrt{-g} \, d^4 x$$
 $g \equiv \det g_{\mu\nu}$

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$$S_{g} = \int \hat{\mathscr{L}}_{g}(\dots) \sqrt{-g} \, d^{4}x \qquad g \equiv \det g_{\mu\nu}$$
$$x^{\mu} \mapsto y^{\nu'}(x^{\mu})$$
$$d^{4}x \mapsto d^{4}y \, \left| \det \Lambda^{\mu}_{\nu'} \right|$$

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$$x^{\mu} \mapsto y^{\nu'}(x^{\mu})$$

$$\downarrow$$

$$d^{4}x \mapsto d^{4}y \, \left| \det \Lambda^{\mu}{}_{\nu'} \right| \qquad g_{\mu\nu} \mapsto g_{\mu'\nu'} = g_{\mu\nu} \Lambda^{\mu}{}_{\mu'} \Lambda^{\nu}{}_{\nu'}$$

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Hilbert's variational principle

• Now $\hat{\mathscr{L}}(g_{\alpha\beta}, \partial_{\mu}g_{\alpha\beta}, \partial_{\mu}\partial_{\nu}g_{\alpha\beta}, ...)$ needs to be a scalar

How about the Ricci scalar $R \equiv R(g_{\alpha\beta}, \partial_{\mu}g_{\alpha\beta}, \partial_{\mu}\partial_{\nu}g_{\alpha\beta})$?

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It works!

$$S = S_g + S_m$$

$$S_g = \frac{1}{16\pi G} \int R \sqrt{-g} \, d^4 x \qquad S_m = \int \hat{\mathscr{L}}_m(\Phi, \nabla_\mu \Phi, g_{\alpha\beta}) \sqrt{-g} \, d^4 x$$

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variation wrt to the metric

$$\delta S = \int \frac{1}{16\pi G} \left(R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} \right) \, \delta g^{\mu\nu} \sqrt{-g} \, d^4 x + \int \frac{\delta S_m}{\delta g^{\mu\nu}} \delta g^{\mu\nu} \, d^4 x$$

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variation wrt to the metric

$$\frac{-\frac{1}{2}T_{\mu\nu}\sqrt{-g}}{\delta g^{\mu\nu} d^4 x}$$

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variation wrt to the metric
$$\delta S = \int \frac{1}{16\pi G} \left(R_{\mu\nu} - \frac{1}{2}R \, g_{\mu\nu} \right) \, \delta g^{\mu\nu} \sqrt{-g} \, d^{4}x + \int \frac{\delta S_{m}}{\delta g^{\mu\nu}} \delta g^{\mu\nu} \, d^{4}x$$

• Palatini's approach: the same Lagrangian, but $R \equiv R(\Gamma^{\mu}_{\ \alpha\beta}, \partial_{\gamma}\Gamma^{\mu}_{\ \alpha\beta}, g_{\alpha\beta})$

Variational principle for Einstein equations

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Einstein equations

End of lecture 7

Assumption



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Propagation of gravitational waves over large distances best described by linearized equantions

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First goal: impose the Einstein equations on $h_{\mu\nu}(x^{\sigma})$, find the simplest form of the resulting equations